

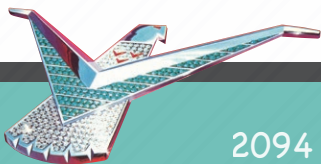
VERNON'S



Thunderbird

Diner

*"Let's go to
Vernon's"*



2094 Hammonds Plains Rd (902) 832-9999

== APPETIZERS ==

MOZZARELLA STICKS

House-made and served with your choice of ranch, sour cream or marinara sauce. 14.49

ONION RINGS

Thick cut, cooked golden brown, served with our chipotle mayo for dipping. 9.99

POTATO SKINS

Lots of PEI potato skins, layered with our Cheddar and Mozzarella cheese blend, topped with green onions and bacon. Served with both salsa and sour cream. 17.99

HADDOCK BITES

Bite size pieces of fresh Atlantic haddock tossed in panko-breading with house seasonings. 12.99

DINER CHICKEN WINGS

One pound of chicken wings with choice of mild, hot, BBQ or honey garlic sauce. 21.99

NACHOS

Fresh tortilla chips, green peppers, tomatoes, onions, jalapeños and layered with our Cheddar and Mozzarella cheese blend. Served with sour cream and salsa. 21.99
Add guacamole 2.99, Add beef 3.99
Add chicken 3.99

THUNDERBIRD POUTINE

House-made fries with cheese curds and our signature gravy. 10.99
Add turkey 3.99 Add stuffing 1.99

SWEET POTATO FRIES

Planks of sweet potato, deep fried and served with Chipotle mayo. 9.99

== SOUPS ==

All soups served with a tea biscuit.

SEAFOOD CHOWDER

Creamy Atlantic chowder with Haddock, Lobster & Shrimp.
Cup 14.99 Bowl 19.99

SOUP OF THE DAY

.....please ask your server!
Cup 6.99 Bowl 8.99

== SALADS ==

Add chicken 3.99 Add scallops 4.99
Add shrimp 3.99

CAESAR SALAD

Crisp romaine served with parmesan, fresh crumbled bacon, croutons and house-made Caesar dressing. 16.99

ROASTED BEET SALAD

Roasted red beets, goat cheese, mixed greens, walnut pralines and honey-lemon vinaigrette. 19.99

MIXED GREEN SALAD

Fresh salad greens, carrots, cucumber, red onions, tomatoes and a seasonal house-made honey- lemon vinaigrette. 14.49

== PASTA ==

Served with garlic bread. Add cheese to garlic bread 1.09

MAC & CHEESE

Creamy, baked three cheese mac & cheese. 14.99
Add Chicken 3.99, Add bacon 3.99

CHICKEN PARMESAN

Pappardelle pasta tossed in a garlic cream sauce and topped with a crispy parmesan-crusted chicken breast, marinara sauce and mozzarella. 22.99

LASAGNA

Home-made rich meat sauce with a Cheddar and Mozzarella cheese blend between layers of noodles. Served with Caesar Salad. 19.99

 Available Gluten Free. Plus HST. Nov 2023



EAST COAST FAVOURITES

Served with your choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup. All plates includes our house-made coleslaw and tartar sauce.

PAN FRIED HADDOCK

Fresh Atlantic haddock, herb marinated and lightly floured. Served with seasonal vegetables and your choice of side. 20.99

HADDOCK TIPS

Fresh Atlantic haddock tossed in panko-breading and house seasonings and your choice of side. 16.99

CLAMS & CHIPS

Deep fried fresh clams that are lightly dusted with house seasonings with your choice of side 26.99
Seasonal

FISH & CHIPS

Lightly battered, Atlantic haddock and your choice of side.
1 piece 14.99 2 piece 18.99

SCALLOPS & CHIPS

Choice of sautéed  or freshly breaded and deep fried. 26.99

BURGERS

Served with choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup.

CLASSIC BURGER

A freshly made Angus beef burger, topped with lettuce and tomato. 15.49
Add cheese 0.99 Add bacon 1.59

MUSTANG BURGER

A freshly made Angus beef burger topped with mushrooms and Swiss Cheese. 16.99

FALCON BURGER

A freshly made Angus beef burger with pesto mayo, crispy onions, topped with lettuce and tomato. \$16.99

VEGGIE BURGER

A vegetarian patty on a toasted bun, topped with fresh lettuce, tomato and onion. 14.99

SANDWICHES

Served with your choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup.

ROASTED TURKEY CLUBHOUSE

Fresh-roasted all white turkey, lettuce, tomato, bacon and mayo. Served between three slices of local bakery bread. 17.99

OPEN FACED HOT TURKEY SANDWICH

Fresh roasted all white turkey with homemade gravy, stuffing, and cranberry sauce on your choice of local bakery bread. Served with peas and corn. 16.99

OPEN FACED HOT HAMBURGER SANDWICH

A fresh Angus beef burger topped with sautéed onions and mushrooms and homemade beef gravy on your choice of local bakery bread. Served with peas and corn. 16.99

THUNDERBIRD CHICKEN SANDWICH

Double breaded crunchy chicken breast topped with spicy mayo, lettuce, pickle and tomato. 18.99

CLASSIC REUBEN

Smoked meat with sauerkraut and Swiss cheese. Served on marble rye bread topped with our house-made Thousand Island dressing. 18.99

WESTERN SANDWICH

Egg, ham and onion served on your choice of local bakery bread 13.99

CAJUN CHICKEN SANDWICH

Grilled chicken blackened with Cajun spices, topped with mayo, red onion, jalapeno, lettuce and tomato. 18.99

BLT SANDWICH

Bacon, Lettuce and Tomato on your choice of local bakery bread 12.99

GRILLED CHEESE & HAM

Cheddar Cheese and Ham on your choice of local bakery bread 12.99



≡ VERNON'S STORY ≡

The owner of the Thunderbird Diner, Vernon Kynock, was born in Hammonds Plains in 1945 and has lived and worked here his entire life. In the 1950s, Vernon began his career working alongside his father, Wylie Kynock, in the family's three grocery stores. Vernon's father was also a butcher and a cook and his grandfather a farmer who raised chickens, pigs and cattle, and always had bountiful vegetable gardens – hence Vernon's lifelong interest in food.

Alongside the grocery business and farming, Vernon also operated the Hammonds Plains Irving Station and the Hammonds Plains Service Center. In 2018, Vernon will celebrate 50 years of his trucking and excavation company, Kynock Resources Ltd.

Vernon has seen many good changes within the community; he grew with the community and local residents always supported his endeavours. Vernon never left Hammonds Plains – he didn't have to – he has experienced success right here!

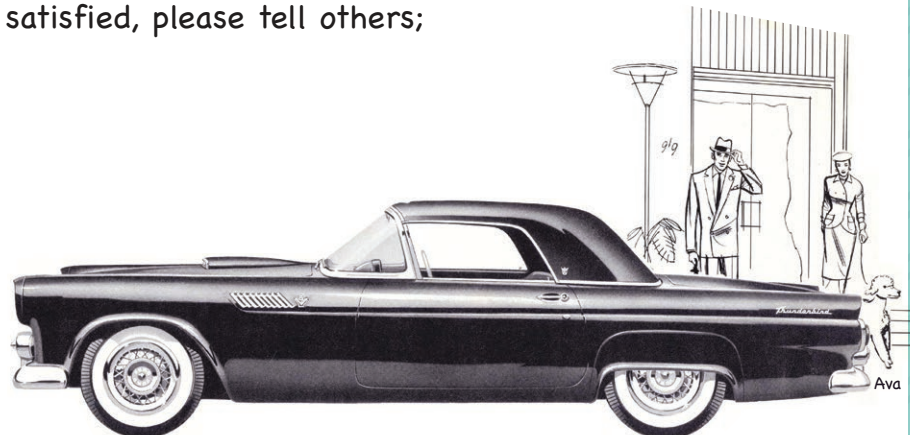
Vernon's Thunderbird Diner is a business venture conceived by Vernon in 2007 with help from Randy Jones, the diner's project manager. The diner is a way for Vernon to have fun, meet people in his golden years and for there to be a meeting place for people to enjoy amazing and healthy food. It is also a way for Vernon to share his love and enthusiasm for antique cars.

Ingredients and services are sourced locally as much as possible and the diner's menu features seasonal specialties. Vernon is also inspired by old community recipes that the diner will delight in preparing and promoting.

May your dining experience at Vernon's Thunderbird Diner always be enjoyable.

Vernon hopes to welcome old friends and to make lots of new ones.

And remember: If you are satisfied, please tell others;
if not, please tell us!



≡ MAINS ≡

Side Choices: basmati rice,
house-made fries, baked potato,
mashed potato or cup of soup.

CHICKEN FINGERS

Made with fresh Eden Valley chicken and our signature spice blend. Four pieces served with plum or house-made Vernon's BBQ sauce. 17.99

FRIED CHICKEN DINNER

Fresh Eden Valley chicken tossed in our signature spice blend and served with coleslaw. 2 piece 15.99
3 piece 18.99

LIVER & ONIONS

Traditional liver and onions cooked to perfection with bacon, smothered in our house-made beef gravy. Served with seasonal vegetables. 18.99

GINGER STIR FRY

Fresh vegetables and our own house-made ginger sauce over a bed of rice. 15.99 Add Chicken 3.99
Add Shrimp 3.99, Add Scallops 4.99

FISH CAKES & BEANS

Two house salted cod cakes and house made baked beans, choice of side, teas biscuit and chow. 17.99

TURKEY DINNER

Fresh roasted all white turkey with homemade gravy, stuffing, cranberry sauce, vegetable and choice of side. 17.99



≡ BRUNCH ≡

☀ Saturday, Sunday and Holiday's ☀
11am-2pm

BIG BREAKFAST

Three eggs, ham, bacon, sausage and bologna, baked beans, breakfast potatoes and three slices of local bakery bread. 20.99

BREAKFAST POUTINE

Two eggs (any style) with choice of ham, bacon, bologna or sausage and cheese curds, served over breakfast potatoes and topped with hollandaise sauce. 15.99

FISH CAKES & BEANS

Two house made salted cod cakes with two eggs (any style) and house made baked beans, breakfast potatoes with a tea biscuit and chow. 17.99

VERNON'S BREAKFAST SKILLET

Two eggs (any style) with your choice of ham, bacon, bologna or sausage, served over breakfast potatoes and topped with a Cheddar and Mozzarella cheese blend with two slices of local bakery bread. 17.99

THE CLASSIC BENNY

Two poached eggs and ham served on a toasted English muffin, topped with hollandaise sauce and served with breakfast potatoes. 17.99

THE AVOCADO BENNY

Two poached eggs served on a baked avocado, topped with bacon, green onions and hollandaise sauce served with breakfast potatoes. 19.99

BREAKFAST SANDWICH

Fried egg and Cheddar cheese with your choice of ham, bacon, sausage or bologna served on English muffin with breakfast potatoes. 8.99
Sandwich only 5.99

≡ ALL DAY BREAKFAST ≡

Two eggs (any style) and your choice of ham, bacon, sausage, bologna, with two slices of local bakery toast, breakfast potatoes and baked beans. 16.99

≡ FAMILY VALUE BUNDLES ≡

FRIED CHICKEN

Family fries, coleslaw and gravy
9 pieces 39.99 18 pieces 69.99

BATTERED HADDOCK

6 pieces 39.95 10 pieces 49.95
Family fries, coleslaw and gravy

≡ SIDES AND ADD-ONS ≡

Loaded Baked Potato	2.99	House-Made Fries	2.99
Daily Vegetable	1.99	Poutine	3.59
Gravy (Beef or Turkey)	1.59	Turkey Dressing	1.59
Coleslaw	1.59	Garlic Bread 2 pcs	1.59
Sweet Potato Fries	2.99	Garlic Bread Basket	2.99
		Onion Rings	2.99

≡ CLASSIC TREATS & DESSERT ≡

CONES

One Scoop 3.39 Two Scoops 4.99
Three Scoops 6.49
Waffle cone option 1.29

SUNDAES

4.99
Strawberry, Chocolate and Caramel

OLD FASHION BANANA SPLIT

8.99

APPLE CRISP 8.99

Add 1 scoop of ice cream for 1.99

COCONUT CREAM PIE 8.99

CARROT CAKE 9.99

CHOCOLATE SENSATION CAKE 9.99

GLUTEN FREE TURTLE CHEESECAKE

9.99

GINGERBREAD CAKE 8.99

Add 1 scoop of ice cream for 1.99



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