

VERNON'S



Diner

*"Let's go to
Vernon's"*



2094 Hammonds Plains Rd (902) 832-9999

APPETIZERS

MOZZARELLA STICKS

House-made and served with your choice of ranch, sour cream or marinara sauce. 10.99

ONION RINGS

Thick cut, cooked golden brown, served with our chipotle mayo for dipping. 8.99

POTATO SKINS

Lots of PEI potato skins, layered with our Cheddar and Mozzarella cheese blend, topped with green onions and bacon. Served with both salsa and sour cream. 14.99

DINER CHICKEN WINGS

One pound of chicken wings with choice of mild, hot, BBQ or honey garlic sauce. 21.99

NACHOS

Fresh tortilla chips, green peppers, tomatoes, onions, jalapeños and layered with our Cheddar and Mozzarella cheese blend. Served with sour cream and salsa. 19.99
Add guacamole 2.50
Add chicken 4.00

THUNDERBIRD POUTINE

House-made fries with cheese curds and our signature gravy. 7.99
Add turkey 3.00 Add stuffing 2.00

SWEET POTATO FRIES

Planks of sweet potato, deep fried and served with Chipotle mayo. 9.99

SOUPS

All soups served with a tea biscuit.

SEAFOOD CHOWDER

Creamy Atlantic chowder with Haddock, Lobster & Shrimp.
Cup 10.99 Bowl 16.99

SOUP OF THE DAY

.....please ask your server!
Cup 5.99 Bowl 7.99

SALADS

Add chicken 4.00 Add scallops 5.00
Add shrimp 4.00

CAESAR SALAD

Crisp romaine served with parmesan, fresh crumbled bacon, croutons and house-made Caesar dressing. 14.99

ROASTED BEET SALAD

Roasted red beets, goat cheese, mixed greens, walnut pralines and honey-lemon vinaigrette. 17.99

MIXED GREEN SALAD

Fresh salad greens, carrots, cucumber, red onions, tomatoes and a seasonal house-made honey- lemon vinaigrette. 11.99

PASTA

Served with garlic bread. Add cheese to garlic bread 1.00

MAC & CHEESE

Creamy, three cheese mac & cheese baked with bacon. 13.99
Add Chicken 4.00

CHICKEN PARMESAN

Pappardelle pasta tossed in a garlic cream sauce and topped with a crispy parmesan-crusting Eden Valley Fresh chicken breast, marinara sauce and mozzarella. 21.99

LASAGNA

Home-made rich meat sauce with a Cheddar and Mozzarella cheese blend between layers of noodles. Served with Caesar Salad. 17.99



EAST COAST FAVOURITES

Served with your choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup. All plates includes our house-made coleslaw and tartar sauce.

PAN FRIED HADDOCK
Fresh Atlantic haddock, herb marinated and lightly floured. Served with seasonal vegetables and your choice of side. 18.99

HADDOCK TIPS
Fresh Atlantic haddock tossed in panko-breading and house seasonings and your choice of side. 14.49

CLAMS & CHIPS

Deep fried fresh clams that are lightly dusted with house seasonings with your choice of side 23.99

FISH & CHIPS

Lightly battered, Atlantic haddock and your choice of side.
1 piece 12.49 2 piece 16.99

SCALLOPS & CHIPS

Choice of sautéed or freshly breaded and deep fried. 23.99

BURGERS

Served with choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup.

CLASSIC BURGER
A freshly made Angus beef burger, topped with lettuce and tomato. 14.49
Add cheese 1.00 Add bacon 1.50

MONARCH BURGER
A freshly made Angus beef burger, Cheddar cheese, topped with lettuce, tomato and caramelized onions. 15.99

METEOR BURGER
A freshly made Angus beef burger, topped with lettuce, tomato, bacon, sautéed mushrooms, crispy onions and crumbled blue cheese. 18.99

BEYOND BURGER
The world's first plant-based burger that looks, cooks and satisfies like beef topped with lettuce, tomato and onion. 14.99

SANDWICHES

Served with your choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup.

ROASTED TURKEY CLUBHOUSE
Fresh-roasted all white turkey, lettuce, tomato, bacon and mayo. Served between three slices of local bakery bread. 15.99

OPEN FACED HOT TURKEY SANDWICH
Fresh roasted all white turkey with homemade gravy, stuffing, and cranberry sauce on your choice of local bakery bread. Served with peas and corn. 14.99

OPEN FACED HOT HAMBURGER SANDWICH
A fresh Angus beef burger topped with sautéed onions and mushrooms and homemade beef gravy on your choice of local bakery bread. Served with peas and corn. 14.99

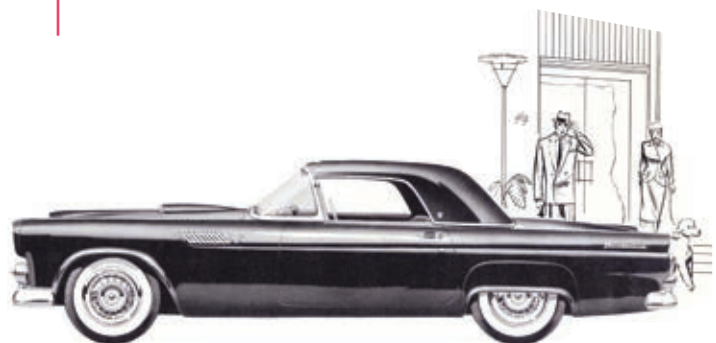
SPICY CHICKEN SANDWICH

Double breaded crunchy chicken breast topped with spicy mayo, lettuce, pickle and tomato. 16.99

CLASSIC REUBEN

Smoked meat with sauerkraut and Swiss cheese. Served on marble rye breaded topped with our house-made Thousand Island dressing. 17.49

TOASTED SANDWICHES
BLT or Grilled Cheese & Ham, served on choice of local bakery bread. 10.99





≡ VERNON'S STORY ≡

The owner of the Thunderbird Diner, Vernon Kynock, was born in Hammonds Plains in 1945 and has lived and worked here his entire life. In the 1950s, Vernon began his career working alongside his father, Wylie Kynock, in the family's three grocery stores. Vernon's father was also a butcher and a cook and his grandfather a farmer who raised chickens, pigs and cattle, and always had bountiful vegetable gardens – hence Vernon's lifelong interest in food.

Alongside the grocery business and farming, Vernon also operated the Hammonds Plains Irving Station and the Hammonds Plains Service Center. In 2018, Vernon will celebrate 50 years of his trucking and excavation company, Kynock Resources Ltd.

Vernon has seen many good changes within the community; he grew with the community and local residents always supported his endeavours. Vernon never left Hammonds Plains – he didn't have to – he has experienced success right here!

Vernon's Thunderbird Diner is a business venture conceived by Vernon in 2007 with help from Randy Jones, the diner's project manager. The diner is a way for Vernon to have fun, meet people in his golden years and for there to be a meeting place for people to enjoy amazing and healthy food. It is also a way for Vernon to share his love and enthusiasm for antique cars.

Ingredients and services are sourced locally as much as possible and the diner's menu features seasonal specialties. Vernon is also inspired by old community recipes that the diner will delight in preparing and promoting.

May your dining experience at Vernon's Thunderbird Diner always be enjoyable.

Vernon hopes to welcome old friends and to make lots of new ones.

And remember: If you are satisfied, please tell others;
if not, please tell us!

A handwritten signature in black ink that reads "Vernon".



≡ MAINS ≡

Served with your choice of basmati rice, house-made fries, baked potato, mashed potato or cup of soup.

80Z. NEW YORK STRIPLOIN

Angus beef brushed with garlic butter and side of Vernon's BBQ sauce. Grilled to your liking. Served with seasonal vegetables. 24.99
Add Mushroom 2.50, Add Onions 1.25
Mushrooms & Onions 3.00

CHICKEN FINGERS

Made with fresh Eden Valley chicken and our signature spice blend. Four pieces served with plum or house-made Vernon's BBQ sauce. 15.99

FRIED CHICKEN DINNER

Fresh Eden Valley chicken tossed in our signature spice blend and served with coleslaw. 2 piece 13.99
3 piece 16.99

🌱 THUNDERBIRD BABY BACK RIBS

Tender baby back pork ribs glazed with house-made BBQ sauce. Seasonal vegetables and coleslaw.
Half Rack 24.99 Add a 1/2 rack for 9.99

CHICKEN & RIBS DINNER

Half rack of our Thunderbird Baby Back Ribs and two pieces of fried chicken. Seasonal vegetables and coleslaw. 29.99

LIVER & ONIONS

Traditional liver and onions cooked to perfection with bacon, smothered in our house-made beef gravy. Served with mashed potatoes and seasonal vegetables. 16.99

GINGER STIR FRY

Fresh vegetables and our own house-made ginger sauce over a bed of rice. 12.99 Add Chicken 4.00



🌱 Available Gluten Free. Plus HST. JUNE 2022

≡ BRUNCH ≡

Saturday, Sunday and Holiday's
11am-2pm

BIG BREAKFAST

Three eggs, ham, bacon, sausage and bologna, baked beans, breakfast potatoes and three slices of local bakery bread. 19.99

BREAKFAST POUTINE

Two eggs (any style) with choice of ham, bacon, bologna or sausage and cheese curds, served over breakfast potatoes and topped with hollandaise sauce. 13.99

FISH CAKES & BEANS

Two house made salted cod cakes with two eggs (any style) and house made baked beans, breakfast potatoes with a tea biscuit and chow. 15.49

VERNON'S BREAKFAST SKILLET

Two eggs (any style) with your choice of ham, bacon, bologna or sausage, served over breakfast potatoes and topped with a Cheddar and Mozzarella cheese blend with two slices of local bakery bread. 14.99

THE CLASSIC BENNY

Two poached eggs and ham served on a toasted English muffin, topped with hollandaise sauce and served with breakfast potatoes. 14.99

THE AVOCADO BENNY

Two poached eggs served on a baked avocado, topped with bacon, green onions and hollandaise sauce served with breakfast potatoes. 16.99

BREAKFAST SANDWICH

Fried egg and Cheddar cheese with your choice of ham, bacon, sausage or bologna served on English muffin with breakfast potatoes. 7.99
Sandwich only 5.49

≡ ALL DAY BREAKFAST ≡

Two eggs (any style) and your choice of ham, bacon, sausage, bologna, with two slices of local bakery toast, breakfast potatoes and baked beans. 13.99

≡ FAMILY VALUE BUNDLES ≡

FRIED CHICKEN

Family fries, coleslaw and gravy
9 pieces 39.99 18 pieces 69.99

RIB FEAST

Two full racks, family fries, coleslaw and gravy. 74.99

FRIED CHICKEN AND RIBS

9 pieces and one full rack, family fries, coleslaw and gravy.
59.99

BATTERED HADDOCK

6 pieces 39.95 10 pieces 49.95
Family fries, coleslaw and gravy

≡ SIDES AND ADD-ONS ≡

Loaded Baked Potato	2.95	Poutine	3.50
Daily Vegetable	1.95	Turkey Dressing	1.50
Gravy (beef or Turkey)	1.50	Garlic Bread 2 pcs	1.50
Coleslaw	1.50	Garlic Bread Basket	2.95
Sweet Potato Fries	3.00	Onion Rings	3.00

≡ CLASSIC TREATS ≡ & DESSERT

CONES

One Scoop 3.25 Two Scoops 4.50
Three Scoops 5.75
Waffle cone option 1.00

SUNDAES

Small 3.59 Large 4.50
Strawberry, Chocolate and Caramel

SLUSHIES

Small 2.59 Large 2.89
Ask for Flavours

OLD FASHION BANANA SPLIT

7.95

APPLE PIE 6.99

Add 1 scoop of ice cream for 0.99

COCONUT CREAM PIE 7.99

CARROT CAKE 8.99

CHOCOLATE SENSATION CAKE 9.99

GLUTEN FREE TURTLE CHEESECAKE

9.99

